

# Emergency First Response



Have you always wondered what it's like to breathe underwater? If you want to try scuba diving, but aren't quite ready to take the plunge into a certification course, Discover Scuba Diving is for you.

FULL COURSE AND CERTIFICATION : 5500 THB



**EMERGENCY**  
first response®

Emergency First Response® primary and secondary care training teaches you what to do in the critical moments between when a life-threatening emergency occurs and when emergency medical services arrive.

Learn how to perform CPR, provide first aid that eases pain, assess a variety of injuries and illnesses and practice bandaging and splinting.

## TAKE THIS COURSE IF YOU WANT TO:

- Learn CPR
- Improve your first aid skills
- Be prepared in an emergency

## LEARN HOW TO:

- Respond to a variety of illness and injuries
- Help someone who is choking
- Handle a possible spinal injury
- Apply bandages and splints

# RESCUE DIVER

3 FULL DAYS COURSE: 15 500 THB



The PADI® Rescue Diver course will change the way you dive – in the best possible way. Learn to identify and fix minor issues before they become big problems, gain a lot of confidence and have serious fun along the way.

TAKE THIS COURSE IF YOU WANT TO:

- Be a better dive buddy
- Improve your navigation skills
- Enroll in a divemaster course

LEARN HOW TO:

- Help other divers
- Fix minor gear issues
- Use an emergency oxygen kit

## DAY 1 - THEORY & POOL



You will meet your PADI Instructor at the pool in the morning where you will practice different skills and scenarios until you are ready to practice and train in the sea. Your instructor will also go through all the theory with you and share personal experience.

This first day includes:

- Full equipment
- PADI Instructor
- Rescue manual & videos or e-learning
- Soft drinks, coffee, water
- Dive insurance

## DAY 2 & 3 - TRAINING DIVES



For those 2 days, you will either go 1 day to the beach and 1 day on the boat or 2 days on the boat, depending on the sea conditions. You will go through all the skills you already practiced in the pool and your instructor will ask you to demonstrate 2 scenarios. Practicing is the key of the success, that is why we will prepare you to become a confident rescue diver

Beach day includes:

- Full equipment
- PADI Instructor
- Soft drinks, coffee, water, lunch
- Dive insurance

Boat day trip include:

- Full equipment
- PADI Instructor
- Pick up/transfer from/to Chalong, Patong, Rawai, Kata, Karon area
- Soft drinks, coffee, water
- Dive insurance